RED FLAGS — FOR POTENTIALLY MORE SERIOUS HEAD INJURY

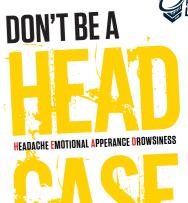
If ANY of the following are reported or develop while under observation, then the player should be safely and immediately removed for assessment by a medical professional. If no qualified medical professional is available, consider calling an ambulance for urgent medical assessment:

- Deteriorating conscious state
- Increasing confusion or irritability
- Severe or increasing headache
- Repeated vomiting
- Unusual behaviour change
- Seizure or convulsion
- Double vision or deafness
- Weakness or tingling/burning in arms or legs



Rugby Football League Red Hall, Red Hall Lane, Leeds, LS17 8NR

rugby-league.com/headcase



CONFUSSION AGITATED SEIZURE FARS AND EYES

STOP! CHECK FOR CONCUSSION

RECOGNISING CONCUSSION

Prinrity is to RECOGNISE & REMOVE

anvone with suspected concussion

Concussion should be suspected if one or more of the following visible clues, signs, symptoms or errors in memory questions are present.

VISUAL CLUES OF SUSPECTED CONCUSSION:

Any one or more of the following visual clues can indicate a possible concussion:

- Loss of consciousness or responsiveness
- Lying motionless on ground / Slow to get up
- Unsteady on feet / Balance problems or falling over / Incoordination
- Grabbing / Clutching of head
- Dazed, blank or vacant look
- Confused / Not aware of plays or events

VISUAL CLUES OF SUSPECTED CONCUSSION:

Presence of any one or more of the following signs & symptoms may suggest a concussion:

- Loss of consciousness
- Headache, or "Pressure in head"
- Seizure or convulsion
- Dizziness or balance problems
- Confusion
- Difficulty concentrating or feeling like "in a fog"
- Nausea or vomiting
- Drowsiness, feeling slowed down, fatigue or low energy
- More emotional or sadness
- Blurred vision, or sensitivity to light or noise
- Nervous, anxious or irritable
- Difficulty remembering or amnesia
- **Neck Pain**
- "Don't feel right"

FUNCTION:

Failure to answer any of these questions correctly may suggest a concussion:

"What venue are we at today?"

"Which half is it now?"

"Who scored last in this game?"

"What team did you play last week/game?" "Did your team win the last game?"

Any player with a suspected concussion should be IMMEDIATELY REMOVED FROM PLAY, and should not be returned to activity until they are assessed medically. Athletes with a suspected concussion should not be left alone and should not drive a motor vehicle.

It is recommended that, in all cases of suspected concussion, the player is referred to a medical professional for diagnosis and quidance as well as return to play decisions, even if the symptoms resolve.

FIRS1

Remember, in all cases, the basic principles of first aid should be followed:

- Safe annroach
- Do not attempt to move the player (other than required for airway support) unless trained to so do as they may have a neck iniury
- Check Airway, Breathing, Circulation, Disability, Environment

