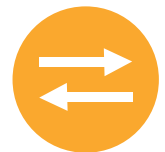
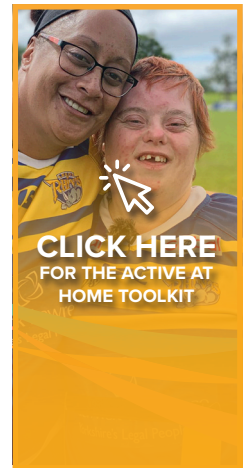




# ACTIVE AT HOME

## TOUR DE SUPER LEAGUE

### WEEK 8 CHALLENGE



#### HOW TO..?

- See how many clubs you can visit this week, each club has their own exercise.
- Can you do all 10 exercises at some point this week
- Complete the complete tour of all Super League Teams?
- How many times can you visit all the clubs..?

#### REMEMBER

- ????
- ????
- ????

#### ADAPTATION

- ????
- ????
- ????

WEEKLY CHALLENGE LOG	RULES
<p><b>TOUR DE SUPER LEAGUE</b></p> <p>Repeat this a few times, video it and send in your score!??????</p> 	<ul style="list-style-type: none"> <li>• ????</li> <li>• ????</li> <li>• ????</li> </ul>